



Dufferin Wellington Guelph Fetal Alcohol Spectrum Disorder

Supporting a Family Member with
FASD: Balancing Body, Brain and Being
Wednesday, May 7
6:30pm - 8:30pm

Action Group Meetings
Wednesday, May 7
Wednesday, June 4
10:00am - 12:00pm

Virtual Parent/Caregiver Support Group
Tuesday, May 13
Wednesday, May 28
Tuesday, June 10
Wednesday, June 25
7:30pm - 9:30pm

Contact: fasd@dcafs.on.ca
For more information and to register, please visit: <https://www.dufferinwellingtonfasd.com/>



The Parent Support Network Free Virtual Workshops

STEPS to a Full Life
- Planning for the Future
Wednesday, May 7
7:00pm - 8:30pm
[Registration Link](#)

Taming the Dragon:
Anger and Stress Management
Tuesday, May 13
7:00pm - 8:30pm
[Registration Link](#)

How to Use Music
Daily to Benefit your Children
Monday, May 26
7:00pm - 8:30pm
[Registration Link](#)

Parenting as a Team: How
to Navigate Parenting Differences
Thursday, June 5
7:00pm - 8:30pm
[Registration Link](#)

Navigating Rough Waters
of Anxiety
Tuesday, June 10
7:00pm - 8:30pm
[Registration Link](#)

Contact: info@dpsn.ca
For more information, please visit: www.parentsupportnetwork.ca



Kerry's Place Autism Services Free Virtual Workshops

First Steps: A New
Diagnosis of Autism
Thursday, May 1
6:00pm - 8:00pm
[Registration Link](#)

Exploring the
Pathways Beyond the
Teen Years
Wednesday, May 14
6:00pm - 8:30pm
[Registration Link](#)

Family Support Group
for Caregivers: Caring
for Adult Children
Thursday, May 15
6:00pm - 8:00pm
[Registration Link](#)

Caregiver Nonviolent Crisis
Intervention (NVCi)
Thursday, May 22
6:00pm - 8:30pm
[Registration Link](#)

Empowering
Neurodiversity:
Understanding Autism
Saturday, May 24
9:30am - 11:00am
[Registration Link](#)

Keeping Safe in a
Digital World
Thursday, May 29
6:00pm - 8:00pm
[Registration Link](#)

*only available to parents/caregivers eligible for Kerry's Place Autism Services. Participants will not receive a certificate of completion/ become NVCi certified.

Flushing It Out: Teaching
Toileting Routines to
Persons with Autism
Wednesday, June 4
6:00pm - 8:00pm
[Registration Link](#)

Letting In: Supporting
2SLGBTQ+ Autistic
Youth
Wednesday, June 11
6:00pm - 8:00pm
[Registration Link](#)

Empowering
Neurodiversity:
Understanding Autism
Wednesday, June 18
1:00pm - 2:30pm
[Registration Link](#)

Family Support Group for
Caregivers: Empowering
You: Organization 101
Thursday, June 19
6:00pm - 8:00pm
[Registration Link](#)

Caregiver Nonviolent Crisis
Intervention (NVCi)
Monday, June 23
1:00pm - 3:30pm
[Registration Link](#)

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Contact: intake@kerrysplace.org
For more information, please visit: <https://www.kerrysplace.org/>



child and youth mental health
child protection
developmental support

Dufferin Child and Family Services Free Virtual Workshops

Behaviour Basics
Part 1
Thursday, May 1
9:30am - 11:30am

How to Help Your
Child go to Sleep
and Stay Asleep
Friday, May 2
9:30am - 11:30am

Anxious Moments
and Facing
Challenges
Tuesday, May 6
6:30pm - 8:30pm

Toilet
Learning/Training
Wednesday, May 7
6:30pm - 8:30pm

Introducing New
Foods/Picky
Eaters
Thursday, May 8
9:30am - 11:30am

The Nuts and
Bolts of Using
Visual Supports
Friday, May 9
9:30am - 11:30am

Next Steps: We
Have a Diagnosis,
Now What?
Tuesday, May 13
6:30pm - 8:30pm

Family and Peer
Mentoring
Coffee Chat
Thursday, May 15
9:30am - 11:30am

What's Next?
Preparing for Life
After Secondary
School
Wednesday, May 21
9:30am - 11:30am

Behaviour Basics
Part 2
Thursday, May 22
9:30am - 11:30am

Playing Time is
Learning Time
Friday, May 23
9:30am - 11:30am

The Caregiver's
Journey: Best Self-
Care Practices for
Caregivers
Tuesday, May 27
6:30pm - 8:30pm

Helping Your Child
Transition Between
Different Environments
Wednesday, May 28
6:30pm - 8:30pm

Getting Your Child
Prepared for Camp
Friday, May 30
9:30am - 11:30am

How to Help Your
Child go to Sleep
and Stay Asleep
Tuesday, June 3
6:30pm - 8:30pm

Toilet
Learning/Training
Wednesday, June 4
9:30am - 11:30am

Behaviour Basics
Part 1
Thursday, June 5
9:30am - 11:30am

Next Steps. We
have a Diagnosis...
Now What?
Tuesday, June 10
6:30pm - 8:30pm

New Beginnings
Wednesday, June 11
9:30am - 11:30am

Anxious Moments
and Facing
Challenges
Thursday, June 12
6:30pm - 8:30pm

Getting Your
Child Prepared
for Camp
Friday, June 13
9:30am - 11:30am

The Caregiver's
Journey: Best Self-
Care Practices for
Caregivers
Tuesday, June 17
9:30am - 11:30am

Playing Time is
Learning Time
Wednesday, June 18
6:30pm - 8:30pm

Family and Peer
Mentoring
Coffee Chat
Thursday, June 19
9:30am - 11:30am

The Nuts and Bolts of
Using Visual
Supports
Friday, June 20
9:30am - 11:30am

Helping Your Child
Transition Between
Different
Environments
Tuesday, June 24
6:30pm - 8:30pm

What's Next?
Preparing for Life
After Secondary
School
Wednesday, June 25
9:30am - 11:30am

Behaviour Basics
Part 2
Thursday, June 26
9:30am - 11:30am

To register for workshops and for more information, please visit:
<https://behavioursolutions.dcafs.on.ca/foundational-family-services/>



ErinoakKids Free Virtual Workshops

ADRS Face-to-Face
Communication Aids
Plug-In
Tuesday, May 6
4:30pm - 5:30pm

Teaching Daily
Living Skills
Tuesday, May 6
4:30pm - 6:30pm

Developing
Communication
Skills
Friday, May 9
9:30am - 11:30am

One Bite At A Time
Wednesday, May 14
9:30am - 11:30am

Introduction to
ABA
Thursday, May 15
1:30pm - 3:30pm

Understanding
Behaviour
Thursday, May 15
4:30pm - 6:30pm

Sleep Solutions
Tuesday, May 20
4:30pm - 6:30pm

Understanding
Behaviour
Wednesday, May 21
9:30am - 11:30am

Toilet Learning
Wednesday, May 21
4:30pm - 6:30pm

Teaching Daily
Living Skills
Thursday, May 23
1:30pm - 3:30pm

Introduction to
Recreation Therapy
Wednesday, May 28
5:30pm - 7:00pm

One Bite At A Time
Monday, June 2
1:30pm - 3:30pm

Introduction to
ABA
Tuesday, June 3
4:30pm - 6:30pm

ASD Diagnosis:
Where Do I Start?
Tuesday, June 10
1:30pm - 3:30pm

Toilet Learning
Thursday, June 12
4:30pm - 6:30pm

Understanding
Behaviour
Friday, June 13
1:30pm - 3:30pm

Learning to Play and
Playing to Learn
Monday, June 16
4:30pm - 6:30pm

Sleep Solutions
Monday, June 16
1:30pm - 3:30pm

One Bite At A Time
Tuesday, June 17
4:30pm - 6:30pm

Toilet Learning
Tuesday, June 17
9:30am - 11:30am

Teaching Daily
Living Skills
Wednesday, June 18
1:30pm - 3:30pm

ErinoakKids has a wide variety of virtual and in person workshops, drop-ins, and events for families in May and June.

To register for workshops, for more information and to view all other
workshops available, please visit: [ErinoakKids Calendar of Events](#)



Family Transition Place Free Workshop

Peaceful Families
Tuesdays from
May 6 to June 3
4:00pm - 5:30pm

A group for women & children. Learn ways to help your children
handle the feelings, self-blame and behaviours that arise in families
that have experienced woman abuse. Children will be supported in
managing these effects in their own age-appropriate groups.

Location:
20 Bredin Parkway,
Orangeville

To register, please contact FTP: 519-941-4357 | 905-584-4357 | 1-800-265-9178



Child and Family Centre

EarlyON Child and Family Centre Free Workshops

Fill Your Bucket
Tuesdays
10:00am - 11:30am
Orangeville EarlyON

Feelings After Birth "FAB"
Tuesdays
12:30pm-2:00pm
Orangeville EarlyON

Fill Your Bucket
Wednesdays
10:00am - 11:30am
Shelburne EarlyON

Creating Understanding
With Young Parents "CUP"
Thursdays
12:00pm - 1:30pm
Orangeville EarlyON

Please note BBT has been postponed until the Fall.

Contact: infoeycc@dufferincounty.ca or EarlyON Family Centre, Programs | Dufferin County

Please follow our social media to see all programs and updates:
<https://www.facebook.com/DufferinEarlyON>
<https://www.instagram.com/dufferinearlyon>